

Big Wall Climbing

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What is Aid Climbing?



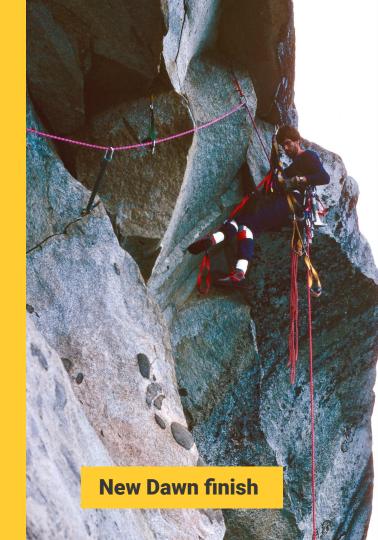
Why climb Big Walls?

Skills and experience

The Walls!

Adventure and partnership

You have an affinity for sweating



Big Wall Systems and Learning

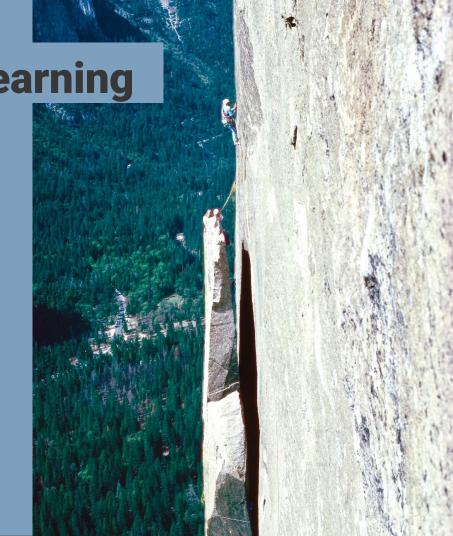
Leading and Following

Hauling and Docking

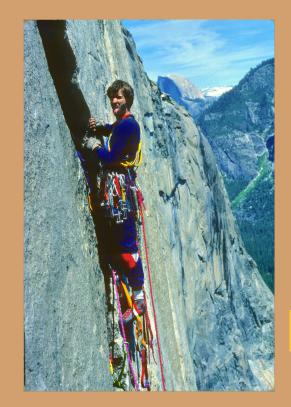
Living on a Wall

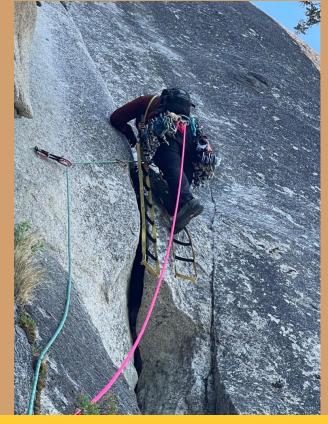
Descent, Self Rescue, Retreat, Staying Alive

Picking a Route and Route Strategy



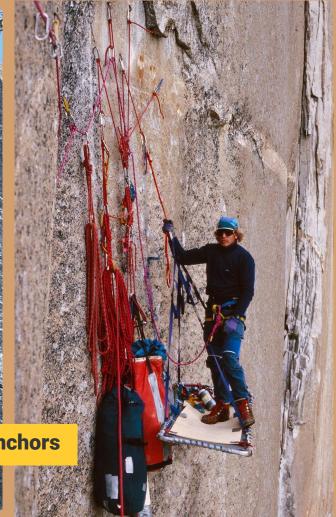
Leading











Leading Harder Aid









Following







Efficiency, Safety/Rope Mgmt, Trickery

Staying Organized Minimizing Clusters Keeping your Stoke Avoiding a Stroke

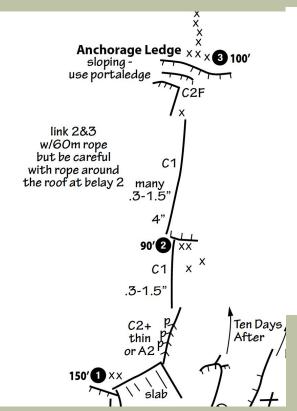
A Partial Anchor
Separated and Organized Ropes
Nothing Pinned
Backups in Place
Ready for Next Leader
Haul Bag on same side as next pitch







Picking a Route / Topos



Rack:

3 Beaks: 1 ea #2

2 ea #3

Nuts: 2 ea micro

1 ea regular

Cams: 3 ea .3 -1.25"

2 ea 1.5" - 4"

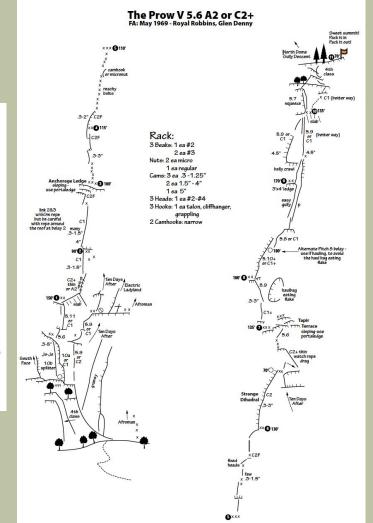
1 ea 5"

3 Heads: 1 ea #2-#4

3 Hooks: 1 ea talon, cliffhanger,

grappling

2 Camhooks: narrow



Route Strategy



Learning and Succeeding

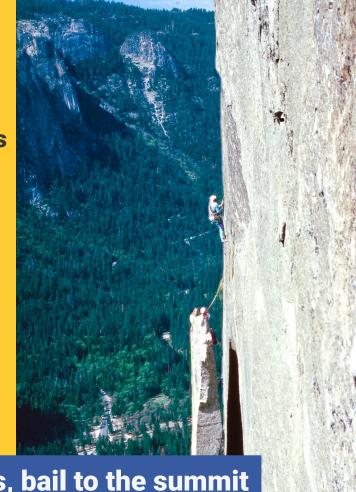
Books - Higher Education, Hooking Up, Guidebooks
Websites - alpinesavvy.com, bigwalls.com,

hudonpanos.com, elcapreport.com, others

Guide Services - mirandaoakley.com, others

Find a Mentor

Practice, Practice, **Practice**



When things go sideways, bail to the summit

Suggested Practice Crags & Climbs on Lemmon

- It Crack (excellent C1 aid practice)
- Agatha Christie Direct (goes at 5.6 C1, with an optional top rope)
- English Breakfast Crack (Sunspots, 5.7 C1)
- Crags against Humanity (hauling, logistics practice, portaledge practice, Moral Ambiguity goes at 5.7 C1 w/ bolts for backup)
- If I Only Had a Brain (Munchkinland, goes at C1+ with gear, bolts and a few hook moves)
- The Bill (Goosehead 5.6 C0 bolt ladder roof, epic portaledge
- Aid bouldering



Thank you! Questions?

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Slides available at theclimbershome.org

